

Carlos Jesus Castañeda Jr. PhD, LPC, NCC
 NBCC MFP Doctoral Fellow
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EDUCATION & BACKGROUND

Education

December 2023	Texas Tech University, Lubbock, TX Doctorate in Counselor Education and Supervision – CACREP Accredited
May 2019	Palo Alto University, Palo Alto, CA Masters in counseling clinical Mental Health Counseling Concentration CACREP Accredited Chi Sigma Iota Honors – Pi Alpha Upsilon Chapter Honor Society
May 2016	The University of Texas at Austin, Austin, TX Bachelor of Science in Psychology Minor in Educational Psychology

Licenses and Training

2022 - Present	Licensed Professional Counselor # 83105 National Certified Counselor
2022	Autism Diagnostic Interview Revised (ADI-R)
2022	Conners Adult ADHD Rating Scales (CAARS)
2021	Eye Movement Desensitization and Reprocessing Training & Certification Rick Levinson, Austin, TX
2021	Texas MINI Training – UT Southwestern Youth Depression Suicide Research Network Program, Dallas, TX
2021	Clinician-Administered PTSD Scale for DSM V (CAPS V) Training – UT Southwestern Youth Depression Suicide Research Network Program, Dallas, TX
2020	Acceptance and Commitment Immersion Training Steven C. Hayes
2020	ADOS Certification & Training – The University of Alabama at Birmingham
2020	Becoming Solution Focused in Therapy – PESI

RESEARCH & SCHOLARSHIP

Research Interests:

Autism Spectrum Disorder, Masking and mental health diagnosis, Comorbidity, Trauma, Latin X Populations, parents with children with autism spectrum disorder, training health professionals with autism competency, Cyber Bullying, Revenge Pornography and Trauma.

Research Experience:

Dissertation: *Delayed and Denied: A Phenomenological Investigation of Women with Autism and Their Experiences with Late Diagnosis*

Adults with autism spectrum disorder's dating life: Challenges before and during the COVID- 19 Pandemic

- Current Research: Coinvestigator
- Principal Investigator: Dr. Nicole Noble July 2021 - Present
- Texas Tech University, Lubbock, TX

- Conducted and facilitated study under the supervision of professor (PI).
- Created online questionnaire accessible to adults with a diagnosis of autism spectrum disorder.
- Developed IRB Protocol and received approval October 2021.
- Dispersed survey to educators and practitioners who provide services for adults on the spectrum.
- Dispersed survey to neurotypical participants for data collection and comparison with individuals with autism.

Social justice and advocacy for individuals with intellectual disabilities

- *First Author*

Literature Review SAGE Publications

Principal Investigator: Dr. Aretha Marbley August 2021 – Present

- *Texas Tech University, Lubbock, TX*

Consultation for autism spectrum disorders

First Author

Literature Review SAGE Publications

Principal Investigator: Dr. Aretha Marbley August 2021 – Present

- *Texas Tech University, Lubbock, TX*

Youth Depression Suicide Research Network

- Recruitment
- Assess inclusion and exclusion criteria.
- Obtain informed consent.
- Source documentation and case report for completion.
- Obtain medical history or evaluate concomitant medication.
- Perform study procedures.
- EDC system access and data entry and clean up.
- Adverse event inquiry and reporting.
- Regulatory and essential documents, other record keeping or admin function.
- Review private identifiable information.

- Directing the research team members and assessing compliance with study protocol.
- Determine significance of subject safety indicators (e.g., AE/SAEs, UADEs, SUSAW, UPIRSOs, etc.).
- Determine the significance of protocol deviations and violations.
- Ensure the integrity of the data.
- Administer assessments.
- Signatures for attestation forms.
- Data analysis and manuscript preparation.

PROFESSIONAL SERVICE

Visiting Assistant Professor, St. Edward's University, Austin, TX

- August 2023 – May 2024

Behavioral Health Therapist, Total Primary Care, Austin, TX

- June 2022 – June 2023
- Provide counseling and screening services for patients of Total Men's Primary Care and Total Primary Care.
- Supporting the growth of the telehealth behavioral program for Total Primary Care.
- Educate and train medical staff on mental health and referring.

Adjunct Faculty, St. Edward's University, Austin, TX

- Teach CACREP accredited coursework to master's in counseling students at St. Edward's University.
- May 2022 – August 2023

Owner, Clinician: The Missing Peace Clinic PLLC

- January 2021 – Present
- A developed private practice that provides mental health services for children, adolescents and adults with autism.
- Consultation services for educators, clinicians, and government entities.
- ***Milestones: Contracted as a vendor with the State of Texas. Provide CEUs and autism advocacy for minority populations with autism.***

Senior Mental Health Clinician, Texas Tech University Health Sciences Center, El Paso, TX

- April 2020 – May 2022
- Provided counseling, educational, and referral services to children and adolescents across west Texas under The Texas Child Health Access Through Telemedicine (TCHATT) Program to decrease the prevalence of suicide and school shootings.
- Provided consultation and psychoeducation to school staff and families.
- Facilitated the Wellness Group for TTUHSC El Paso Staff, Medical Students and Community Partners to reduce burnout and trauma from the COVID-19 Pandemic.
- Assessed PTSD research for children and adolescents for the Texas Youth Depression & Suicide Research Network. Program is in collaboration with UT-Southwestern.
- Supervised medical students, psychiatry fellows, psychiatry residents, and psychology fellows in telehealth sessions with patients to implement counseling techniques in their sessions.

Behavioral Health Specialist V – Counseling, El Paso State Supported Living Center El Paso, TX

- August 2019 – March 2020
- Performed behavioral health duties to individuals by providing emotional assessments, social groups/group counseling, and individual counseling.
- Provided supervisory roles through ensuring legal compliance with the DOJ, training new staff, and developing behavioral health plans of actions to improve individual quality of life.

PROFESSIONAL PRESENTATIONS

Counseling Related Presentations

1. Castañeda, C. (2023, Summer). *Growing Counselor Competency of Clients of Color with autism*. 2023 NBCC Foundation Symposium.
2. Castañeda, C. (2023, Spring). *Empowering Diversity: Recognizing and Treating Autism in Minority Populations*. The Missing Peace Clinic @ St. Edward's University.
3. Castañeda, C. (2023, Spring). *Navigating Autism Diagnosis: Overcoming Challenges for Minority Populations*. Southern Association for Counselor Education and Supervision Webinar Series.
4. Castañeda, C. (2022, Fall). *Counseling Neurodiverse Clients CEU*. Capitol of Texas Counseling Association.
5. Castañeda, C. (2022, Spring). *LatinX Task Force Mentorship Talk – Life after PAU: Diverse Career Paths*. Palo Alto University.
6. Castañeda, C. (2020, Spring). *Cofacilitator: Palo Alto University 2021 Counselor Education Distance Learning Conference Symposium*.
7. Castañeda, C. (2021, April). *Challenges for Students with Autism Spectrum Disorder Due to the COVID-19 Pandemic*. Texas Tech University Mini Conference.

Oral Presentations

1. Castañeda, C. (2022, Spring). *Health fair with an emphasis on Mindfulness, Stress and Anxiety, Healthy Relationships, and Healthy Eating*. Eastlake High School Health Fair.
2. Castañeda, C. (2021, August). *Handling Grief and Loss for Students during the COVID-19 Pandemic*. Region 18, Midland, TX.
3. Castañeda, C. (2021, January). *Your Students' Mental Health*. Capt. Walter E Clarke Elementary School, El Paso, TX.
4. Castañeda, C. (2020, December). *Anxiety Management for Students*. Education Service Center Region 19, El Paso, TX.
5. Castañeda, C. (2020, October). *Autism Spectrum Disorder*. Texas Tech University Health Sciences Center Child Psychiatry for the Primary Care Provider Grand Rounds Series.
6. Castañeda, C. (2020, Summer). *Caregiving Challenges When Staying Home and Staying Safe*. Alzheimer's Association West Texas Chapter Virtual Programs.
7. Castañeda, C. (2020, Fall). *Augmentative and Alternative Communication for Individuals with Autism Spectrum Disorder*. University of Texas at El Paso – Speech Language Pathology Graduate Department.
8. Castañeda, C. (2020, Fall). *Care for Caregivers: How to Incorporate Self Care as a Practitioner*. The University of Texas at El Paso – Speech Language Pathology Graduate Department.
9. Castañeda, C. (2020, Fall). *Treating Individuals with Autism Spectrum Disorder in Your Health Profession*. The University of Texas at El Paso Health Sciences Center.

TEACHING

Teaching Interests: Practicum and Internship, Counseling Research, Counseling Ethics, Diagnosis and Treatment, Consultation, Trauma, Assessment, Counseling Theory, Child and Adolescent Development, Life-Span Development, Families & Intimate Relationships.

August 2023 – December 2023

Visiting Assistant Professor

CNCO-6356 Human Growth & Development

Department of Counseling St. Edwards University, Austin, TX

August 2023 – December 2023

Visiting Assistant Professor

CNSL-6368 Internship I

Department of Counseling St. Edwards University, Austin, TX

August 2023 – December 2023

Visiting Assistant Professor

PSYC-3438 Research Methods

Department of Psychology and Behavioral Neuroscience

August 2023 – December 2023

Visiting Assistant Professor

PSYC-3328 Cross-listed with SOCW-3327 Families & Intimate Relationships

Department of Psychology and Behavioral Neuroscience

May 2023 – August 2023

Adjunct Faculty

CNSL-6367 Counseling Practicum

May 2023 – August 2023

Adjunct Faculty

CNSL-6355 Advanced Psychopathology & Psychopharmacology

January 2023 – May 2023

Adjunct Faculty

CNC0-6351 Counseling Skills and Techniques

Department of Counseling St. Edwards University, Austin, TX

January 2023 – May 2023

Adjunct Faculty

CNC0-6368 Counseling Internship I

Department of Counseling St. Edwards University, Austin, TX

August 2022 – December 2022

Adjunct Faculty

CNC0-6351 Counseling Skills and Techniques

Department of Counseling St. Edwards University, Austin, TX

August 2022 – December 2022

Adjunct Faculty

CNSL-6371 Crisis and Trauma Management
Department of Counseling St. Edwards University, Austin, TX

May 2022 – August 2022

Adjunct Faculty

CNC0-6351 Counseling Skills and Techniques

Department of Counseling St. Edwards University, Austin, TX

Teaching Assistant Positions

January 2022 – May 2022

Remote Teacher Assistant

Department of Counseling Palo Alto University, Palo Alto, CA Counseling Ethics

- Co-taught course under the supervision of Assistant Professor
- Involved and empowered students to develop a forum on mental health policy and engaged students in activities regarding the California Code of Ethics for Licensed Professional Counselors.
- Engaged students in simulated role-play learning environments to teach communication and interviewing skills.

August 2021 – December 2021

Teacher Assistant

Department of Counseling Texas Tech University, Lubbock, TX Ethical and Legal Issues in Counseling, Graduate course

- Co-taught course under the supervision of Assistant Professor
- Developed and planned recordings of unethical actions a counselor can make in a mock session for students to identify broken codes of ethics.
- Involved and empowered students to develop a forum on mental health policy and engaged students in activities regarding the Texas Code of Ethics for Licensed Professional Counselors.
- Engaged students in simulated role-play learning environments to teach communication and interviewing skills.

HONORS & AWARDS

1. 2022 National Board for Certified Counselors Doctoral Mental Health Fellowship Recipient
2. 2021 TTU Jack and Pat Adkins ED Scholarship
3. 2020 TTU Jack and Pat Adkin ED Scholarship
4. 2020 TTU Competitive Tuition Scholarship
5. 2016 UT Austin President's Achievement Scholarship
6. 2015 UT Austin President's Achievement Scholarship
7. 2015 UT Austin Orientation Adviser Leadership Award
8. 2014 UT Austin President's Achievement Scholarship
9. 2014 UT Austin David Ivey Scholarship
10. 2013 UT Austin Award University Grant
11. 2013 President's Achievement Scholarship
12. 2012 President's Achievement Scholarship
13. 2012 State of Texas Top Ten Percent Scholarship

PUBLIC SERVICE

2023: Impact Plan National Board for Certified Counselors Foundation: Empowering Diversity: Recognizing and Treating Autism in Minority Populations. 03/24/2023.